



Personal training price list

1 to 1 personal training

Monthly Direct Debit - £160 (£40 per session)

3 months, 1 session per week - £420 (£35 per session)

3 months, 2 sessions per week - £840 (£35 per session)

Joint personal training

Prices per person

Monthly Direct Debit - £120 (£30 per session)

3 months, 1 session per week - £300 (£25 per session)

3 months, 2 sessions per week - £600 (£25 per session)

- No contract on monthly direct debit